

Weekly Display

Change my Actions and Behaviors to Change my Habits

What do I want? _____



Date _____

MY DAILY FOCUS	MON	TUE	WED	THU	FRI	SAT	SUN	GOAL	ACHIEVED	NET

What worked well this week? _____

What did not work well? _____

What do I want to focus on next week? _____



Weekly Display is a principle from the book, **Blind Spots in Relationships**, by Jerry Clark, LPC. | For more information visit www.jerrydclark.com.